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**Grace** Belgravia **The Wellesley**

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IN PARTNERSHIP WITH THE WELLESLEY  
**GRACE BELGRAVIA**  
**WELLNESS SPA MENU**



# THE WELLESLEY SIGNATURE TREATMENT PACKAGE

As a guest of The Wellesley, you are invited to experience spa treatments at Grace Belgravia, London's exclusive private members, health, wellbeing and lifestyle club.

Their team of renowned, intuitive therapists have been carefully selected to provide a bespoke experience for you so that after your breakfast in The Oval Restaurant, you can be chauffeured down to the Club for a full day of indulgence with the following included.

- VISIA Facial Skin Assessment
- Ultimate Aromatherapy Associates Facial OR Grace Signature Full Body Massage
  - Graceful Hands and Sole Mani/Pedi
  - Two course lunch in the Grace restaurant with Champagne, tea or juice
  - Full access to the Grace state-of-the-art gym as well as the wellness spa that includes a Herbal Sauna and Hammam
  - Full access to the Grace Medical and Wellbeing Clinic

You can also add additional treatments such as any of the following selection from the spa pricelist.

## GRACE WELLNESS SPA TREATMENTS

### GROOMING

#### NAILS, HANDS AND FEET

Graceful Hands & Sole (Manicure & Pedicure) 120 minutes - £80

Graceful Hands (Full Manicure) 60 minutes - £40

Graceful Sole (Full Pedicure) 60 minutes - £50

Shellac - add on for £15

#### HOT WAXING

Bikini - £35

Brazilian/Hollywood - £49

Eye brows - £15

Lip - £15

#### HAIR

Blow dry (short hair) - £40

Blow dry (long hair) - £50

#### STRIP WAXING

Half leg - £29

Full leg - £55

Underarms - £20

Forearm - £30

## BODY TREATMENTS

#### GRACE SIGNATURE MASSAGE

30 minutes - £70/60 minutes - £100/90 minutes - £140

The ultimate massage - an unforgettably luxurious experience for both your body and mind, guaranteed to relax and ease tension.

#### GRACE SIGNATURE DEEP TISSUE MASSAGE

60 minutes - £100/90 minutes - £140

Deep tissue body work to release tension in sore, tight muscles.

#### CAPRI PALACE LEG SCHOOL<sup>®</sup>

75 minutes - £220

Grace Belgravia is the only venue outside of Capri Palace Hotel & SPA offering this treatment. Transform your pins to perfection! The pioneering method includes mud packs, cold bandaging, hot and cold hydrotherapy and stone massages – really works.

#### ACQUA CALDA SPA JOURNEY

90 minutes - £175

A beautiful body reviving experience combines the healing shower of water, steam and essential oils. The journey includes a dry sauna, shower intervals, himalayan salts, spirulina mask and finishes with a Magnesium salt foot bath to detoxify and cleanse the whole body and boost the immune system.

## FACIALS

#### QMS FACIALS

60 minutes - £100/90 minutes - £140

World renowned QMS Medicosmetics re-introduces collagen into the skin to improve elasticity and the appearance of young, fresh skin. This bespoke treatment targets individual needs to provide the best anti-ageing results.

#### NATURA BISSE DETOX FACIAL (THE CURE)

60 minutes - £145

A thoroughly cleansing facial based on a cutting edge thermo enzymatic detoxification. This is cleansing, extracting, moisturising, soothing and revitalises the skin.

#### NATURA BISSE DIAMOND WHITE EXPERTISE

75 minutes - £165

Effectively evens skin tone, prevents ageing and reduces dark spots. Specifically targets pigmentation to reduce and prevent future formation.

#### CACI

From £100

Do you wish you had a little more definition to your jaw line? Or perhaps lifted skin around the eyes? The much coveted CACI can help you achieve this, and so much more.